

University Recreation

University Recreation conducts a comprehensive program of leisure services. The program consists of men's, women's, and co-recreational sports; fitness programs and activities; racquetball court reservations, equipment check-out services; informal recreation programming; outdoor adventures; sport club opportunities; and special events.

The Joe Frank Sanderson Center opened in 1998 and offers a wide range of recreational opportunities for Mississippi State students, faculty, and staff. The facility includes six basketball/volleyball courts; six racquetball courts; a fitness room complete with weight and cardiovascular work-out equipment; jogging track; and an indoor swimming pool. The department also operates the RecPlex, a sports field complex with playing areas for softball, flag football, soccer, and tennis.

The Intramural Sports program offers competition for men and women in a variety of activities including badminton, basketball, flag football, racquetball, soccer, softball, tennis, table tennis, and volleyball. For more information, go to <http://www.urec.msstate.edu>