

# Health Services

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## Student Health Center

University Health Services and The Longest Student Health Center are designed to give primary medical care to students with mental and physical health issues. The Health Center is open during regular school sessions to all MSU students. It is recommended that all students use the Student Health Center as their preferred provider of care while at MSU. The Center is staffed with well-qualified family practice physicians, nurse practitioners, and registered nurses to provide primary medical care for students. Ancillary services include pharmacy, laboratory, x-ray, and physical therapy. The health fee covers the physician's professional charge for an unlimited number of clinic visits. Ancillary services are provided on a fee-for-service basis. Those who need more specialized care than the Health Center can provide will be referred to the appropriate resource. For an appointment call 662-325-7539. Clinic hours are 8:00 a.m. to 5:00 p.m., Monday, Tuesday, Wednesday, and Friday; 9:00 a.m. to 5:00 p.m. on Thursday. Health records should be sent directly to the Student Health Center where they are kept confidential. Health records are not a part of the school records and are kept indefinitely for future reference. For medical records, call 662-325-0706 or by email at [health@msstate.edu](mailto:health@msstate.edu).

## Student Health Insurance

### International Students

The Student Health Insurance Plan is required for international students. International students are enrolled when the student enrolls for classes at MSU. International students who have alternate insurance equivalent to the MSU Plan and meet the coverage requirement of the Affordable Care Act of 2010 may request a waiver from the MSU Plan. Such waiver request is to be submitted by the 10<sup>th</sup> day of class to the Director of The Student Health Center at Room 361 of The Student Health Center. The telephone number is 662-325-5895.

### Domestic Students

Domestic students may enroll in the Student Health Insurance Plan. The plan is compliant with The Affordable Care Act of 2010. Information about the plan is available at [www.health.msstate.edu](http://www.health.msstate.edu) (<http://www.health.msstate.edu/>) under the Student Health Center Insurance link. The telephone number is 662-325-5895.

## Student Counseling Services

Student Counseling Services, located in 115C Hathorn Hall, offers a variety of clinical and consultation services free to MSU students Monday through Friday, 8:00 a.m. to 5:00 p.m. Appointments may be made in person or by calling 662-325-2091.

Student Counseling Services staff is composed of experienced professionals with training in counseling, social work, and psychology who are knowledgeable in facilitating personal growth and development. Student Counseling Services offers individual and group counseling, referral for psychiatric evaluations and medication management, workshops, and walk-in urgent care. Consultation regarding student concerns is available to concerned faculty, staff, students, and family members. For more information about services, please visit the Student Counseling Services website at <http://www.health.msstate.edu/scs> (<http://www.health.msstate.edu/scs/>).

The Sexual Assault Response Team (SART) is a service of Student Counseling Services. SART responds to sexual assaults through crisis response, assessment, advocacy, and provides consultation and referral for the victim and the accused. SART is available to help anyone who reports a violation of the sexual assault policy. The SART includes a coordinator and designated individuals from the University Police Department, the Longest Student Health Center, the Department of Housing & Residence Life, the Dean of Students Office, and Student Counseling Services. For information or to report a sexual assault, students and members of the University community may contact the SART Coordinator or the Victim Advocate at Student Counseling Services at 662-325-2091.

## Health Promotion and Wellness

The Department of Health Promotion and Wellness provides resources and educational programs to the MSU community. Topics covered by the department include the following:

- Alcohol and drug education
- Tobacco cessation
- Mental health awareness
- Cancer awareness
- Sexual health and responsibility education
- Nutrition services
- Physical activity opportunities
- Violence prevention

- Sexual assault prevention
- Bystander intervention

The Department of Health Promotion and Wellness engages students through initiatives to promote complete mental, physical, and social well-being. Through initiatives of Health Promotion and Wellness, students are empowered to achieve optimal lifelong well-being. The department provides a variety of free services to help students make healthier choices and improve well-being at MSU such as the opportunity to meet with a registered dietitian or complete a smoking cessation program. The department houses a Collegiate Recovery Program which supports students in recovery from behavioral or process addictions such as substance use disorders or eating disorders. Students will find support and resources from the Collegiate Recovery Community and be supported in the collegiate environment. The department supports and promotes the healing, renewal, safety, and justice for survivors of intimate partner violence, sexual assault, and stalking through education, awareness, and advocacy efforts.

The Health Promotion and Wellness Department hosts programs, presentations, and campus-wide awareness campaigns for various health topics. To request a program for your organization or to learn more about the department and services offered, please visit [www.health.msstate.edu/health](http://www.health.msstate.edu/health) (<http://www.health.msstate.edu/health>).