# Kinesiology

Department Head: Dr. Stanley P. Brown Graduate Coordinator: Dr. Adam Knight 216 McCarthy Gym Box 6186 Mississippi State, MS 39762 Telephone: 662-325-2963 Website: kinesiology.msstate.edu

Graduate study is offered in the Department of Kinesiology leading to the Master of Science degree (concentrations in Exercise Physiology, Sport Pedagogy, and Sport Administration) and Doctor of Philosophy degree (concentrations in Exercise Science and Sport Studies). Graduate assistant positions are available. To secure additional information, contact the departmental Graduate Coordinator.

# Master of Science in Kinesiology

The Master of Science program offers four concentrations: Exercise Physiology, Sport Administration, Sport Pedagogy, and Disability Studies. The concentration in Exercise Physiology prepares students for careers in fitness and allied health care professions. The concentration in Sport Administration prepares students for careers in the sport industry, including positions with professional, collegiate, and recreational sport organizations. The concentration in Sport Pedagogy prepares students for leadership roles as coaches and physical educators. The concentration in Disability Studies prepares students for careers in physical activity promotion for persons with disabilities. These concentrations also prepare students for advanced study at the doctoral level.

#### **Admission Criteria**

The following items are required in applying to the master's programs in the Department of Kinesiology.

- 1. A completed MSU Graduate School application form
- 2. Official transcripts from all institutions attended since high school
- 3. Graduate Record Examination (GRE) General Test scores
- 4. Three professional letters of recommendation. Ideally, the individuals writing the letters should be in a position to specifically comment about the applicant's academic ability (e.g., former professors or advisors)
- 5. A written statement of purpose, which should reflect a strong sense of career direction and highlight the applicant's qualifications, skills, and professional experience
- 6. A résumé or curriculum vitae

Admission is a competitive process. Positions within the programs are limited, and more individuals may apply than are able to be accepted. Competitive applicants will have a GPA of 3.00 or better in their final 60 undergraduate hours as well as acceptable scores on the verbal, quantitative, and analytical sections of the GRE exam.

An international student applying for admission must score a minimum of 550 PBT (79 iBT) on the Test of English as a Foreign Language (TOEFL) or a minimum of 6.5 on the International English Language Testing Systems (IELTS) in addition to meeting all other admission criteria.

# Doctor of Philosophy in Kinesiology

The Doctor of Philosophy programs offers two concentrations: Exercise Science and Sport Studies. The degree is a research-focused program designed to prepare professionals with the cognitive and research skills needed to be productive scholars. The focus of the Exercise Science concentration is the scientific study of how biological systems function during physical activity, exercise and sports, emphasizing applications to both clinical and healthy populations. The Sport Studies concentrations involves studying sport from an interdisciplinary perspective, encompassing the fields of sport management, sport pedagogy, sport philosophy, and sport sociology, among others.

#### **Admission Criteria**

Prior to formally applying to the doctoral program, students should familiarize themselves with the research interests of graduate faculty members in the Department of Kinesiology and identify a faculty member whose research agenda aligns with their interests. A prospective applicant should then contact that faculty member to discuss his/her "fit" with the faculty member's research interests. If possible, prospective applicants are encouraged to visit the MSU campus. When an informal understanding is reached regarding the student's suitability to enter the doctoral program under the guidance of the faculty member, the student may then formally apply to the Graduate School. This does not guarantee a student admission to the doctoral program, but it is a necessary step prior to the formal application.

The following items are required to formally apply to the doctoral degree programs in the Department of Kinesiology.

1. A completed MSU Graduate School application form

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- 2. Official transcripts from all institutions attended since high school; students must have completed a master's degree prior to being admitted to the doctoral program
- 3. Graduate Record Examination (GRE) General Test scores
- 4. Three professional letters of recommendation; at least two letters should be from university professors from whom the student has taken courses or worked with in a research capacity
- 5. A written statement of purpose, which should clearly explain the applicant's research interests and highlight how these interests align with faculty members in the department, particularly the faculty member who the applicant wishes to serve as his/her advisor
- 6. An academic writing sample (e.g., a published research article, thesis, or other academic paper)
- 7. A curriculum vitae

An international student applying for admission must score a minimum of 550 PBT (79 iBT) on the Test of English as a Foreign Language (TOEFL) or a minimum of 6.5 on the International English Language Testing Systems (IELTS) in addition to meeting all other admission criteria.

#### Application deadlines in the Department of Kinesiology are as follows:

| Fall/Summer admission                        | March 1    |
|--|------------|
| Late Application Deadline for Fall admission | June 1     |
| Spring admission                             | October 15 |

Applications are reviewed periodically each semester, and applicants should generally expect to receive a reply within 30 days of the application deadline. Because of the competitive nature of admissions, it is recommended that individuals apply as far in advance of a deadline as possible. Students who wait until the late application deadline to apply may find there are no remaining spaces available in the program.

#### **Academic Performance**

Students in the Department of Kinesiology must meet University and College of Education academic performance requirements in order to remain in good standing. These requirements are found elsewhere in the Mississippi State University *Graduate Catalog*. Students are encouraged to familiarize themselves with academic performance requirements.

#### Master's Degree Completion Requirements

The Master of Science in Kinesiology degree requires a minimum of 33 hours of graduate credit. The student will develop, in cooperation with the major professor and other committee members, a program of study during the first semester in the program.

The student pursuing Option 1 (Thesis) is required to complete 6 credit hours of thesis work as part of the 33 required hours. A thesis committee, consisting of at least three graduate faculty members, including the student's major professor and at least one more graduate faculty member from the Department of Kinesiology, must be established. Upon completion of the thesis, the student must provide copies for the department head, major professor, and committee members.

A student pursuing Option 2 or 3 (Non-Thesis) must successfully complete written comprehensive examinations prior to graduation. The student must be within 6 hours of graduation (coursework completion) or in the last semester of study and in good standing to be eligible to apply for comprehensive examinations. **Graduate Committee?** 

# Master of Science in Kinesiology with Exercise Physiology Concentration

| Research Core                 |  | 6  |
|-------------------------------|--|----|
| KI 8303                       | Research in Kinesiology                                |    |
| KI 8313                       | Interpretation of Data in Kinesiology                  |    |
| Exercise Physiology Core      |  | 9  |
| EP 8203                       | Advanced Exercise Physiology                           |    |
| EP 8243                       | Cardiorespiratory Exercise Physiology                  |    |
| EP 8263                       | Exercise Metabolism                                    |    |
| Electives                     |  |    |
| Select four of the following: |  | 12 |
| EP 8253                       | Doping and Supplement Use in Sports                    |    |
| EP 8283                       | Environmental Exercise Physiology                      |    |
| EP 8323                       | Science and Practice in Cardiopulmonary Rehabilitation |    |
| EP 8423                       | Graded Exercise Testing                                |    |
| EP 8443                       | Neuromuscular Mechanisms in Exercise                   |    |
| EP 8453                       | Biomechanics of Human Movement                         |    |

| EP 8503  | Occupational Physiology                  |    |
|--|--|----|
| Select one of the three following concluding options. <sup>1</sup> |  | 6  |
| Option 1: Thesis (6 hours)   |  |    |
| KI 8000  | Thesis Research/ Thesis in Kinesiology   |    |
| Option 2: Directed Individual Study (6 ho                          | urs)                                     |    |
| KI 7000  | Directed Individual Study in Kinesiology |    |
| Additional 3-hour course   |  |    |
| Option 3: Internship (6 hours)                                     |  |    |
| KI 8710  | Internship                               |    |
| Additional 3-hour course   |  |    |
| Total Hours  |  | 33 |

1 Students who select the Thesis Option must pass a thesis defense. Students in the Directed Individual Study or Internship Option must pass a comprehensive examination.

# Master of Science in Kinesiology with Sport Administration Concentration

| Research Core                         |  | 6  |
|---------------------------------------|--|----|
| KI 8303                               | Research in Kinesiology                  |    |
| KI 8313                               | Interpretation of Data in Kinesiology    |    |
| Sport Administration Core             |  | 18 |
| SS 8123                               | Sport Management                         |    |
| SS 8203                               | Funding of Sport                         |    |
| SS 8803                               | Sport Law                                |    |
| SS 8823                               | Sport Sponsorships                       |    |
| SS 8833                               | Event and Facility Management            |    |
| SS 8883                               | Ethical Issues in Sport                  |    |
| Electives                             |  | 3  |
| Graduate-level course subject to ap   | pproval of graduate advisor.             |    |
| Concluding Options                    |  | 6  |
| Select one of the three following con | ncluding options. <sup>3</sup>           |    |
| Option 1: Thesis (6 hours)            |  |    |
| KI 8000                               | Thesis Research/ Thesis in Kinesiology   |    |
| Ooption 2: Directed Individual Study  | y (6 hours)                              |    |
| KI 7000                               | Directed Individual Study in Kinesiology |    |
| Additional 3-hour course              |  |    |
| Option 3: Internship (6 hours)        |  |    |
| KI 8710                               | Internship                               |    |
| Additional 3-hour course              |  |    |
| Total Hours                           |  | 33 |

3 Student who select the Thesis Option must pass a thesis defense. Students in the Directed Individual Study or Internship Option must pass a comprehensive examination.

# Master of Science in Kinesiology with Sport Pedagogy Concentration

| Research Core       |   | 6  |
|---------------------|---|----|
| KI 8303             | Research in Kinesiology                       |    |
| KI 8313             | Interpretation of Data in Kinesiology         |    |
| Sport Pedagogy Core |   | 12 |
| PE 6533             | Developing Coaching Expertise                 |    |
| PE 8113             | Curriculum Construction in Physical Education |    |
| PE 8163             | Seminar in Physical Education                 |    |
| PE 8203             | Psychological Aspects of Sport                |    |
| Electives           |   |    |

| Total Hours                        |  | 33 |
|------------------------------------|--|----|
| Additional coursework              |  |    |
| KI 8710                            | Internship   |    |
| Option 3: Internship (6 hours)     |  |    |
| Additional coursework              |  |    |
| KI 7000                            | Directed Individual Study in Kinesiology                 |    |
| Option 2: Directed Individual Stud | dy (6 hours)   |    |
| KI 8000                            | Thesis Research/ Thesis in Kinesiology                   |    |
| Option 1: Thesis (6 hours)         |  |    |
| Select one of the three following  | concluding options <sup>2</sup>                          | 6  |
| Concluding Options                 |  |    |
| EDX 8173                           | Special Education in the Regular Classroom               |    |
| EDS 8623                           | Principles of Effective Instruction in Secondary Schools |    |
| EDS 8243                           | Advanced Planning and Managing of Learning               |    |
| SS 8883                            | Ethical Issues in Sport                                  |    |
| SS 8803                            | Sport Law  |    |
| SS 8203                            | Funding of Sport   |    |
| EP 8453                            | Biomechanics of Human Movement                           |    |
| EP 8443                            | Neuromuscular Mechanisms in Exercise                     |    |
| EP 8253                            | Doping and Supplement Use in Sports                      |    |
| EP 6153                            | Training Techniques for Exercise and Sport               |    |
| Select three of the following:     |  | 9  |

2

Students who selecte the Thesis Option must pass a thesis defense. Students in the Directed Individual Study or Internship Option must pass a comprehensive examination.

### Master of Science in Kinesiology with Disability Studies Concentration

| Research Core              |  | 6  |
|----------------------------|--|----|
| KI 8303                    | Research in Kinesiology  |    |
| KI 8313                    | Interpretation of Data in Kinesiology  |    |
| Disabilities Study Core    |  | 12 |
| KI 8603                    | Disability, Physical Activity and Health   |    |
| KI 8553                    | Exercise Management for Persons with Disabilities  |    |
| KI 8563                    | Motor Behavior in Special Populations  |    |
| KI 8543                    | Postural and Locomotor Rehabilitation  |    |
| Disability Supporting Area |  | 6  |
|                            | e following list in consultation with their advisors. Students interested in Assistive Technology es towards the degree: EDX 6353 or COE 6353. |    |
| EDX 6103                   | Introduction to Teaching Students with Intellectual and Developmental Disabilities   |    |
| EDX 6623                   | Adaptations for Students with Physical/Multiple Disabilities.  |    |
| EDX 6353                   | Assistive Technology in Special Education  |    |
| COE 6353                   | Assistive Technology in the Rehabilitation Process   |    |
| COE 8363                   | Psychological Aspects of Disability  |    |
| COE 8373                   | Medical Aspects of Disability  |    |
| Electives                  |  | 3  |
|                            |  |    |

Students should select one elective course in consultation with their advisors. This course should be chosen in a way that fits the intests and career goals of each student. The following is a list of acceptable electives from diverse areas such as Special Education, Counselor Education, Exercise Physiology, Biomechanics, Physical Education, and Sport Studies. Students may pursue other electives not listed below with the approval of their advisor and advisory committee. Students should be aware that prerequisites or restrictions may apply to some courses. Students interested in Assistive Technology may take only one of the following courses towards the degree: EDS 6353 or COE 6353.

| EP 8323 | Science and Practice in Cardiopulmonary Rehabilitation |
|---------|--|
| EP 8243 | Cardiorespiratory Exercise Physiology                  |

| Total Hours                      |  | 33 |
|----------------------------------|--|----|
| Additional coursework appro      | oved by advisor (this additional coursework excludes KI 7000)            |    |
| KI 8710                          | Internship   |    |
| Option 3: Internship             |  |    |
| Additional coursework appro      | oved by advisor (this additional coursework excludes KI 7000)            |    |
| KI 7000                          | Directed Individual Study in Kinesiology                                 |    |
| Option 2: Directed Individual St | udy  |    |
| KI 8000                          | Thesis Research/ Thesis in Kinesiology                                   |    |
| Option 1 Thesis                  |  |    |
| Select one of the three followin | g options.   |    |
| Concluding Options <sup>1</sup>  |  | 6  |
| SS 8883                          | Ethical Issues in Sport  |    |
| SS 8833                          | Event and Facility Management  |    |
| SS 8803                          | Sport Law  |    |
| PE 8113                          | Curriculum Construction in Physical Education                            |    |
| PE 6883                          | School Health Education  |    |
| PE 6163                          | Principles and Methods of Secondary School Health and Physical Education |    |
| EP 8453                          | Biomechanics of Human Movement   |    |
| EP 8443                          | Neuromuscular Mechanisms in Exercise                                     |    |
| EP 8263                          | Exercise Metabolism  |    |

<sup>1</sup> Students who select the Thesis Option must pass a thesis defense. Students in the Directed Individual Study or Internship Option must pass a comprehensive examination.

### Doctor of Philosophy in Kinesiology with Exercise Science Concentration

| College of Education Requi                  | ired Course: University Instruction                                      | 3  |
|---|--|----|
| HED 8133                                    | Curriculum and Instruction in Higher Education                           |    |
| Major Required Courses                      |  |    |
| Research Methods and Statis                 | stics (Select four courses, at least 12 hours, from the list)            | 12 |
| ST 6213                                     | Nonparametric Methods  |    |
| ST 8114                                     | Statistical Methods  |    |
| ST 8214                                     | Design and Analysis of Experiments                                       |    |
| ST 8253                                     | Regression Analysis  |    |
| ST 8313                                     | Introduction to Survey Sampling  |    |
| ST 8853                                     | Advanced Design of Experiments I   |    |
| ST 8863                                     | Advanced Design of Experiments II  |    |
| Directed Research                           |  |    |
| KI 7000                                     | Directed Individual Study in Kinesiology                                 | 3  |
| KI 9000                                     |  | 21 |
| Exercise Science Concentration Requirements |  | 3  |
| KI 8913                                     | Doctoral Seminar in Exercise Science                                     |    |
| Departmental Cognate (cho                   | oose 12 hours from the following with approval of supervisory committee) | 12 |
| EP 8203                                     | Advanced Exercise Physiology   |    |
| EP 8243                                     | Cardiorespiratory Exercise Physiology                                    |    |
| EP 8253                                     | Doping and Supplement Use in Sports                                      |    |
| EP 8263                                     | Exercise Metabolism  |    |
| EP 8283                                     | Environmental Exercise Physiology  |    |
| EP 8323                                     | Science and Practice in Cardiopulmonary Rehabilitation                   |    |
| EP 8423                                     | Graded Exercise Testing  |    |
| EP 8443                                     | Neuromuscular Mechanisms in Exercise                                     |    |
| EP 8453                                     | Biomechanics of Human Movement   |    |
| EP 8503                                     | Occupational Physiology  |    |

| Outside Electives               |  |    |
|---------------------------------|--|----|
| Ũ                               | f study from an appropriate science-related discipline outside of the Department of Kinesiology.<br>ed by the Supervisory Committee. Students may elect to take 3 additional credit hours to fulfill the<br>n a specific area. |    |
| KI 8603                         | Disability, Physical Activity and Health   | 3  |
| KI 8543                         | Postural and Locomotor Rehabilitation  | 3  |
| KI 8553                         | Exercise Management for Persons with Disabilities  | 3  |
| KI 8563                         | Motor Behavior in Special Populations  | 3  |
| Total Hours                     |  | 75 |
| Doctor of Philosoph             | y in Kinesiology with Sport Studies Concentration  |    |
| College of Education Required 0 | Course: University Instruction   | 3  |
| HED 8133                        | Curriculum and Instruction in Higher Education   |    |
| Major Required Courses          |  |    |

| Major Required Courses   |   |    |
|--|---|----|
| Research Methods and Statistics (Select four                         | r courses, at least 12 hours, from the list)  | 12 |
| ST 6213  | Nonparametric Methods   |    |
| ST 8114  | Statistical Methods   |    |
| ST 8214  | Design and Analysis of Experiments  |    |
| ST 8253  | Regression Analysis   |    |
| ST 8313  | Introduction to Survey Sampling   |    |
| ST 8853  | Advanced Design of Experiments I  |    |
| ST 8863  | Advanced Design of Experiments II   |    |
| Students in the Sport Studies Concentration research and statistics: | may take the following two courses and two others from the above list for their 12 hours of |    |
| AN 6143  | Ethnographic Methods  |    |
| EDF 9453   | Introduction to Qualitative Research in Education   |    |
| Directed Research  |   | 24 |
| KI 7000  | Directed Individual Study in Kinesiology  |    |
| KI 9000  |   |    |
| Sport Studies Concentration Requirement                              | ts  | 3  |
| KI 8923  | Doctoral Seminar in Sports Studies  |    |
| Departmental Cognate (12 credit hours fro                            | om the following list with approval of supervisory committee)                               | 12 |
| PE 6533  | Developing Coaching Expertise   |    |
| PE 8113  | Curriculum Construction in Physical Education   |    |
| PE 8163  | Seminar in Physical Education   |    |
| PE 8203  | Psychological Aspects of Sport  |    |
| SS 6403  | Gender and Sport  |    |
| SS 8123  | Sport Management  |    |
| SS 8203  | Funding of Sport  |    |
| SS 8803  | Sport Law   |    |
| SS 8823  | Sport Sponsorships  |    |
| SS 8833  | Event and Facility Management   |    |
| SS 8883  | Ethical Issues in Sport   |    |
| KI 8603  | Disability, Physical Activity and Health  |    |
| Outside Electives  |   | 9  |
|  |   |    |

Students choose a cognate field of study from an appropriate discipline outside the Department of Kinesiology. Choice of courses must be approved by the supervisory committee. Students may elect to take 3 additional credit hours to fulfill the requirement for a minor in a specific area.

Total Hours