

# Recreational Sports

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The Department of Recreational Sports conducts a comprehensive program of leisure services. The program consists of men's, women's, and co-recreational sports; fitness programs and activities; tennis and racquetball court reservations, equipment check-out services; informal recreation programming; outdoor adventures; sport club opportunities; and special events.

The Joe Frank Sanderson Center opened in 1998 and offers a wide range of recreational opportunities for Mississippi State students, faculty, and staff. The facility includes six basketball/volleyball courts; six racquetball courts; a fitness room complete with weight and cardiovascular work-out equipment; jogging track; and an indoor swimming pool. The department also operates the RecPlex, a sports field complex with playing areas for softball, flag football, soccer, and tennis.

The Intramural Sports program offers competition for men and women in a variety of activities including badminton, basketball, flag football, racquetball, soccer, softball, tennis, table tennis, and volleyball. For more information, go to <http://www.recsports.msstate.edu>